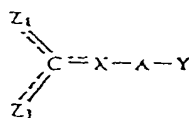


Claims

1. A method of treating or preventing a body disorder **related to weight gain or loss** in a subject afflicted with said disorder, comprising administering to **the subject** an amount of a creatine compound, or a pharmaceutically acceptable salt thereof, **effective to treat, reduce, or prevent** said disorder.
2. A method of claim 1 wherein said disorder is obesity.
3. A method of claim 1 wherein said disorder is cachexia.
4. A method of claim 1 wherein said disorder is **obesity associated disorders** such as cardiovascular disease, hypertension, hyperlipidaemia **osteoporosis** and osteoarthritis.
5. A method of claim 1 wherein the subject is a human.
6. A method for treating a metabolic disorder consisting of **obesity** and it's associated diseases, in a subject experiencing said disorder, comprising administering to the subject a therapeutic amount of a creatine analogue having the general formula:



and pharmaceutically acceptable salts thereof, wherein:

- a) Y is selected from the group consisting of: $-\text{CO}_2\text{H}-\text{NHOH}$, $-\text{NO}_2$, $-\text{SO}_3\text{H}$, $-\text{C}(=\text{O})\text{NHSO}_2\text{J}$ and $-\text{P}(=\text{O})(\text{OH})(\text{OJ})$, wherein J is selected from the group consisting of: hydrogen, C_1 - C_6 straight chain alkyl, C_3 - C_6 branched alkyl, C_2 - C_6 alkenyl, C_3 - C_6 branched alkenyl, and aryl;

b) A is selected from the group consisting of: C, CH, C₁-C₅alkyl, C₂-C₅alkenyl, C₂-C₅alkynyl, and C₁-C₅alkoyl chain, each having 0-2 substituents which are selected independently from the group consisting of:

1) K, where K is selected from the group consisting of: C₁-C₆ straight alkyl, C₂-C₆ straight alkenyl, C₁-C₆ straight alkoyl, C₃-C₆ branched alkyl, C₃-C₆ branched alkenyl, and C₄-C₆ branched alkoyl, K having 0-2 substituents independently selected from the group consisting of: bromo, chloro, epoxy and acetoxy;

2) an aryl group selected from the group consisting of: a 1-2 ring carbocycle and a 1-2 ring heterocycle, wherein the aryl group contains 0-2 substituents independently selected from the group consisting of: -CH₂L and -COCH₂L where L is independently selected from the group consisting of: bromo, chloro, epoxy and acetoxy; and

3) -NH-M, wherein M is selected from the group consisting of: hydrogen, C₁-C₄ alkyl, C₂-C₄ alkenyl, C₁-C₄ alkoyl, C₃-C₄ branched alkyl, C₃-C₄ branched alkenyl, and C₄ branched alkoyl;

c) X is selected from the group consisting of NR₁, CHR₁, CR₁, O and S, wherein R₁ is selected from the group consisting of:

1) hydrogen;

2) K where K is selected from the group consisting of: C₁-C₆ straight alkyl, C₂-C₆ straight alkenyl, C₁-C₆ straight alkoyl, C₃-C₆ branched alkyl, C₃-C₆ branched alkenyl, and C₄-C₆ branched alkoyl, K having 0-2 substituents independently selected from the group consisting of: bromo, chloro, epoxy and acetoxy;

3) an aryl group selected from the group consisting of a 1-2 ring carbocycle and a 1-2 ring heterocycle, wherein the aryl group contains 0-2 substituents independently selected from the group consisting of: -CH₂L and -COCH₂L where L is independently selected from the group consisting of: bromo, chloro, epoxy and acetoxy;

4) a C₅-C₉ a-amino-w-methyl-w-adenosylcarboxylic acid attached via the w-methyl carbon;

5) 2 C₅-C₉ a-amino-w-aza-w-methyl-w-adenosylcarboxylic acid attached via the w-methyl carbon; and

6) a C₅-C₉ a-amino-w-thia-w-methyl-w-adenosylcarboxylic acid attached via the w-methyl carbon;

d) Z₁ and Z₂ are chosen independently from the group consisting of: =O, -NHR₂, -CH₂R₂, -NR₂OH; wherein Z₁ and Z₂ may not both be =O and wherein R₂ is selected from the group consisting of:

1) hydrogen;

2) K, where K is selected from the group consisting of: C₁-C₆ straight alkyl; C₂-C₆ straight alkenyl, C₁-C₆ straight alkoyl, C₃-C₆ branched alkyl, C₃-C₆ branched alkenyl, and C₄-C₆ branched alkoyl, K having 0-2 substituents independently selected from the group consisting of: bromo, chloro, epoxy and acetoxy;

3) an aryl group selected from the group consisting of a 1-2 ring carbocycle and a 1-2 ring heterocycle, wherein the aryl group contains 0-2 substituents independently selected from the group consisting of: -CH₂L and -COCH₂L where L is independently selected from the group consisting of: bromo, chloro, epoxy and acetoxy;

4) 2 C₄-C₈ a-amino-carboxylic acid attached via the w-carbon;

5) E, wherein B is selected from the group consisting of: -CO₂H-NHOH, -SO₃H, -NO₂, OP(=O)(OH)(OJ) and -P(=O)(OH)(OJ), wherein J is selected from the group consisting of: hydrogen, C₁-C₆ straight alkyl, C₃-C₆ branched alkyl, C₂-C₆ alkenyl, C₃-C₆ branched alkenyl, and aryl, wherein B is optionally connected to the nitrogen via a linker selected from the group consisting of: C₁-C₂ alkyl, C₂ alkenyl, and C₁-C₂ alkoyl;

6) -D-E, wherein D is selected from the group consisting of: C₁-C₃ straight alkyl, C₃ branched alkyl, C₂-C₃ straight alkenyl, C₃ branched alkenyl, C₁-C₃ straight alkoyl, aryl and aroyl; and E is selected from the group consisting of: - (PO₃)_nNMP, where n is 0-2 and NMP is ribonucleotide monophosphate connected via the 5'-phosphate, 3'-phosphate or the aromatic ring of the base; - [P(=O)(OCH₃)(O)]_m-Q, where m is 0-3 and Q is a ribonucleoside connected via the ribose or the aromatic ring of the base; - [P(=O)(OH)(CH₂)]_m-Q, where m is 0-3 and Q is a ribonucleoside connected via the ribose or the aromatic ring of the base; and an aryl group containing 0-3 substituents chosen independently from the group consisting of: Cl, Br, epoxy, acetoxy, -OG, -C(=O)G, and -CO₂G, where G is independently selected from the group consisting of: C₁-C₆ straight alkyl, C₂-C₆ straight alkenyl, C₁-C₆ straight alkoyl, C₃-C₆ branched alkyl, C₃-C₆ branched alkenyl, C₄-C₆ branched alkoyl, wherein E may be attached to any point to D, and if D is alkyl or alkenyl, D may be connected at either or both ends by an amide linkage; and

7) -E, wherein E is selected from the group consisting of -(PO₃)_nNMP, where n is 0-2 and NMP is a ribonucleotide monophosphate connected via the 5'-phosphate, 3'-phosphate or the aromatic ring of the base; -[P(=O)(OCH₃)(O)]_m-Q, where m is 0-3 and Q is a ribonucleoside connected via the ribose or the aromatic ring of the base; -[P(=O)(OH)(CH₂)]_m-Q, where m is 0-3 and Q is a ribonucleoside connected via the ribose or the aromatic ring of the base; and an aryl group containing 0-3 substituents chose independently from the group consisting of: Cl, Br, epoxy, acetoxy, -OG, -C(=O)G, and -CO₂G, where G is independently selected from the group consisting of: C₁-C₆ straight alkyl, C₂-C₆ straight alkenyl, C₁-C₆ straight alkoyl, C₃-C₆ branched alkyl, C₃-C₆ branched alkenyl, C₄-C₆ branched alkoyl; and if E is aryl, E may be connected by an amide linkage;

e) if R₁ and at least one R₂ group are present, R₁ may be connected by a single or double bond to an R₂ group to form a cycle of 5 to 7 members;

f) if two R₂ groups are present, they may be connected by a single or a double bond to form a cycle of 4 to 7 members; and

g) if R_1 is present and Z_1 or Z_2 is selected from the group consisting of $-NHR_2$, $-CH_2R_2$ and $-NR_2OH$, then R_1 may be connected by a single or double bond to the carbon or nitrogen of either Z_1 or Z_2 to form a cycle of 4 to 7 members.

Currently preferred compounds include cyclocreatine, creatine phosphate and those included in Tables 1 and 2 hereinabove.

7. A method of claim 6 wherein the creatine compound is used in combination with standard therapies used to treat body weight disorders.

8. A method for treating obesity in a patient experiencing said disorder comprising the use of a creatine kinase inhibitor.

9. A method for treating obesity in a subject experiencing said disorder comprising administering to the subject an effective amount of a creatine kinase transporter regulator.

10. A method for treating obesity in a patient experiencing said disorder comprising the use of compounds which modify energy generation through the creatine kinase system.

11. A method for treating a body weight disorder in a patient experiencing said disorder comprising the use of creatine and creatine phosphate analogues.

12. The use of the creatine kinase structural coordinates to design compounds for the treatment of diseases related to body weight disorders.

13. The use of the creatine kinase system as a target for the design of therapeutics for the treatment of body weight disorders.